

# A New Season for Oxford Sport



“There are huge benefits to sport and physical activity, with some fantastic clubs and opportunities across the University for students.

“There is always a way to balance sports with studying, and we actively encourage students to get active while they are here.”

**Martin Williams**  
Pro Vice-Chancellor (Education)

Sport & physical activity contributes  
to improved mental health



**1 in 4<sup>1</sup>**

People suffer from a  
mental health issue  
each year in the UK

Active students have a greater sense of belonging  
at their university than inactive students

<sup>1</sup> <https://www.england.nhs.uk/mental-health>

Active students can be more  
employable and earn more

A 2013 study found that:<sup>2</sup>

- the average salary of graduates who played sport at uni was almost 20% more than those who did not
- 94% of employers agree active students demonstrate good employability skills



<sup>2</sup> <https://bucs.nemisys3.uk.com/page.asp?section=18560&sectionTitle=Value+of+Sport>

# A Year in Sport 2018/19

## Participation in sport at Oxford

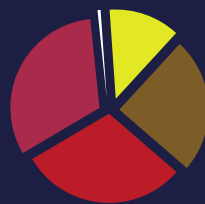
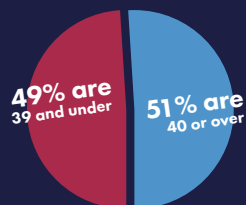
From elite to casual, there really is a sport or physical activity for everyone at Oxford:



## Giving to Oxford Sport



## Donors to Oxford Sport



## Our Aspirations

- ✓ **Establish individual endowment funds for sports clubs:** to provide a stable and sustainable source of income, support them in perpetuity and enable them to lower financial barriers to participation by subsidising coaching, kit and transport costs and reducing student member subscriptions
- ✓ **Support and develop the Accessible Sport Programme:** to provide sustainable financial support for the 11 accessible sports currently offered at Oxford (including wheelchair basketball, blind football and para swimming) and to increase the offer for students and local community members who experience mental health challenges or are non-able bodied.
- ✓ **Establish posts and programmes:** to broaden the offer of community outreach programmes
- ✓ **Regenerate Oxford's sports facilities:** to refurbish of facilities such as Iffley Road's grandstand, squash courts, rugby and football pitches, and to develop local community partnerships to share resources for student athletes and community members



# How to give

We are extremely grateful for gifts of all sizes, all of which have a real impact on our active community. Please see the details below to find the best way to make your gift.



**Online:** You can make a gift online at:  
[www.development.ox.ac.uk/activeatoxford](http://www.development.ox.ac.uk/activeatoxford)



**Post:** You can send a donation form in the post to:  
Sport, University of Oxford Development Office, University Offices,  
Wellington Square, Oxford, OX1 2JD, UK



**Email:** For any further enquiries, please do email us on:  
[sport@devoff.ox.ac.uk](mailto:sport@devoff.ox.ac.uk)

## The difference your gift could make

Here are just some ways in which your gift can help:

- **£20 per month** would enable the American Football Club to purchase essential items of safety equipment
- **£50 per month** could support the cyclists' annual training camp
- **£100 per month** could help support para-swimming each year
- **£200 per month** would cover the cost of coaching for one team within the Football Club each year

If you would like to consider leaving a gift in your will which will provide lasting impact for future generations of active students, please get in touch using the details above. We would be delighted to discuss your wishes further.



**ACTIVE**  
AT OXFORD



UNIVERSITY OF  
**OXFORD**